

ABSTRACT

This session explores **East's Family Group Model**. Participants will have the opportunity to learn about the structure, implementation and maintenance of this **hybrid model of Social Emotional Support**.

Facilitators will share how Family Group has become a part of East's daily routine and how the mission of Family Group has nurtured **positive relationships, developed healthy habits and empowered scholars to have a voice**.

INTRODUCTION

Theory of Practice

WHAT IS SOCIAL EMOTIONAL LEARNING (SEL)?

"Social-emotional learning (SEL) is the process through which children and adults acquire and effectively apply the *knowledge, attitudes, and skills* necessary to **understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions**..... social-emotional learning gives tomorrow's workforce the tools for success, while educators find it contributing to a *positive school climate and increased academic success*."

* "What is SEL?" CASEL, www.casel.org/what-is-sel/, (June 19, 2017)

WHY FOCUS ON SEL & SOCIAL EMOTION HEALTH?

ACADEMIC OUTCOMES

Students participating in planned Social Emotional Learning programs, **scored higher on academic tasks and demonstrated more motivation to learn, including spending more time on homework.**

In another study, Zipora Shechtman and Mary Abu Yaman concluded that **taking away time from academic teaching for socio-emotional learning only improves outcomes.**"

The Research Behind Social and Emotional Learning - Edutopia August 13, 2014

WHY FOCUS ON SEL & SOCIAL EMOTION HEALTH?

LIFETIME OUTCOMES

Students who participated in Social Emotional Learning had **better outcomes for young adults years later in education, employment, criminal activity, substance use, and mental health.**"

Alone we can do so little,
together we can do so much.

"American Journal of Public Health (AJPH) November 2015

DISCUSSION

East's Family Group Model

University of Rochester - EPO Plan (June 23, 2014)

"Social Emotional Support for all East students: East High School students often experience a high stress urban environment. This creates a need for a well-developed approach to providing social emotional support in the school and community. We will therefore articulate and systematically promote a vision for social and emotional developmental health that is **aligned to a curriculum** that provides learning experiences and a safe and healthy school environment for families, teachers and students.



Crew

Study Hall Support



AVID

Evolution of the Initiative

Year 1	Year 2	Year 3
Single Parenting	Co-Parenting (2-Adults)	Co-Parenting (2-3 adults)
LS: 6th-8th (7-8 per group) US: 9th & 10-12 (10 per group)	LS: 6th-8th (13-15 per group) US: 9th-12th (10 per group)* <i>*Added BL & ESOL</i>	LS: 6th-8th (13-15 per group) US: 9th-12th (10 per group)** <i>**ESOL by region</i>
LS FG time: after lunch US FG times: Opposite each lunch period	LS FG time: same US FG time: Moved right after 1st block (9:16 - 9:46)	LS FG time: same US FG time: same
Daily lesson plans- Binders	Weekly lesson plans- Binders & Posted in a Google Classroom	Weekly lesson plans Posted in a Google Classroom
Focus on 7 Habits	Focus on 7 Habits NEW added: East's Mission/Vision & School-wide Norms	Focus on 7 Habits NEW added: Leader In Me - Leadership Skills

Role of the University

Year 1	Year 2	Year 3
Family Group Implementation Team	Continued Support:	Continued Support:
<ul style="list-style-type: none"> U of R Staff, School Leadership, Teachers, Social Workers, School Counselors, Support Staff Met multiple times during the summer of 2015 to layout the structure. Hired 2 staff members as US and LS Coaches Created a Mission/Vision for the program. Focus on 7-Habits of Highly Successful Teens Choose term Parents Daily Lesson Plans Provided Binder and supplies provided 7-Habits & Restorative Practices Training of all staff 	<ul style="list-style-type: none"> Professional Development offered to staff during Superintendent's Conference Day and Summer. Kept two coaches for both LS and US - providing release time Leader in Me - 7-Habits continued support through Franklin Covey consultant Created the Soaring Eagle account - carents and donors can use this as taxable writeoff to offset expenses FACE committee donated monies for outside play items and board games 	<ul style="list-style-type: none"> Professional Development offered to staff during Superintendent's Conference Day and Summer. Kept two coaches for both LS and US - providing release time Leader in Me - 7-Habits continued support through Franklin Covey consultant Added to Soaring Eagle donations to increase opportunities for FG's to participate in outside activities.

Family Group's Connection to East's Mission

East's Mission: At East we are taking charge of our future by being **tenacious, thinking purposefully, and advocating for self and others.**

Schoolwide Norms

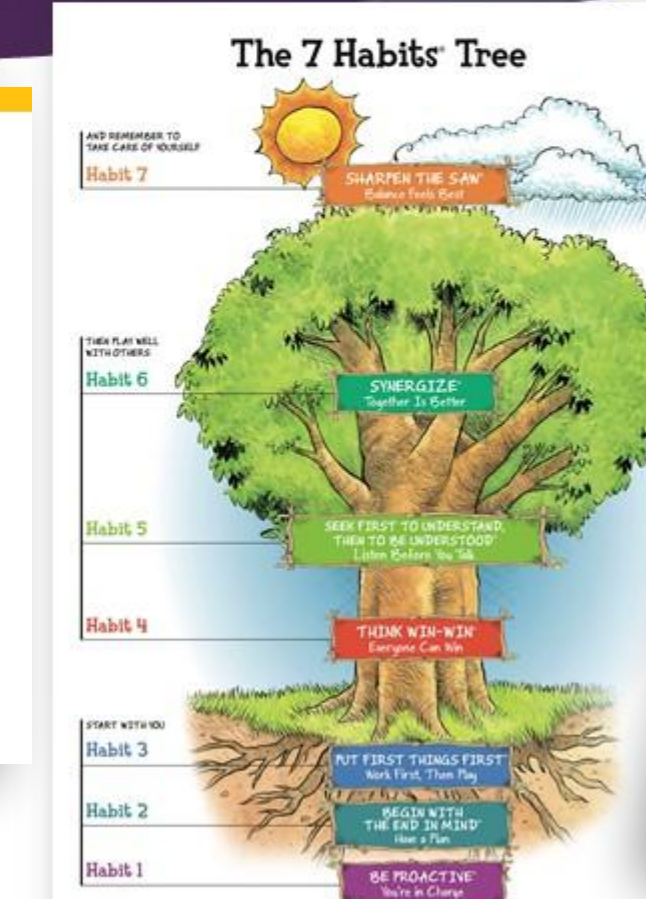
TENACIOUS
I can have a "can do" attitude when challenged.
I can see mistakes as opportunities to improve.

THINKING PURPOSEFULLY
I can think critically and make positive choices.

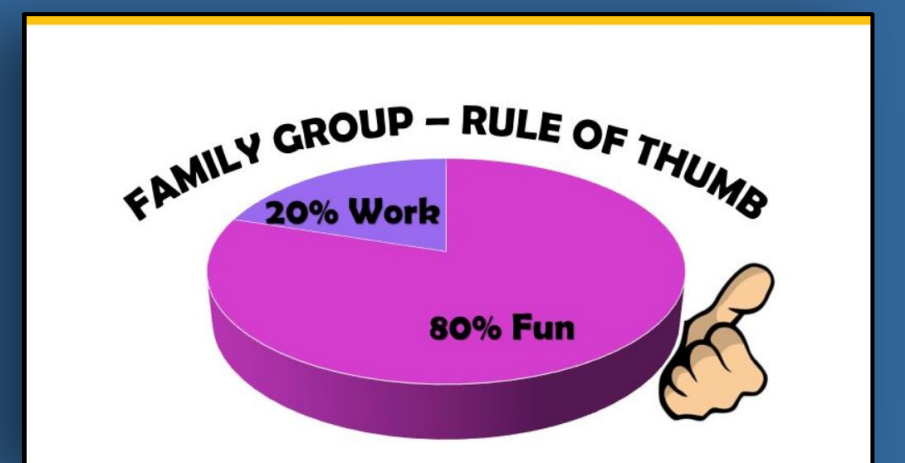
ADVOCATING FOR SELF AND OTHERS
I can work collaboratively.
I can show respect when interacting with others.

The Family Group Tenets

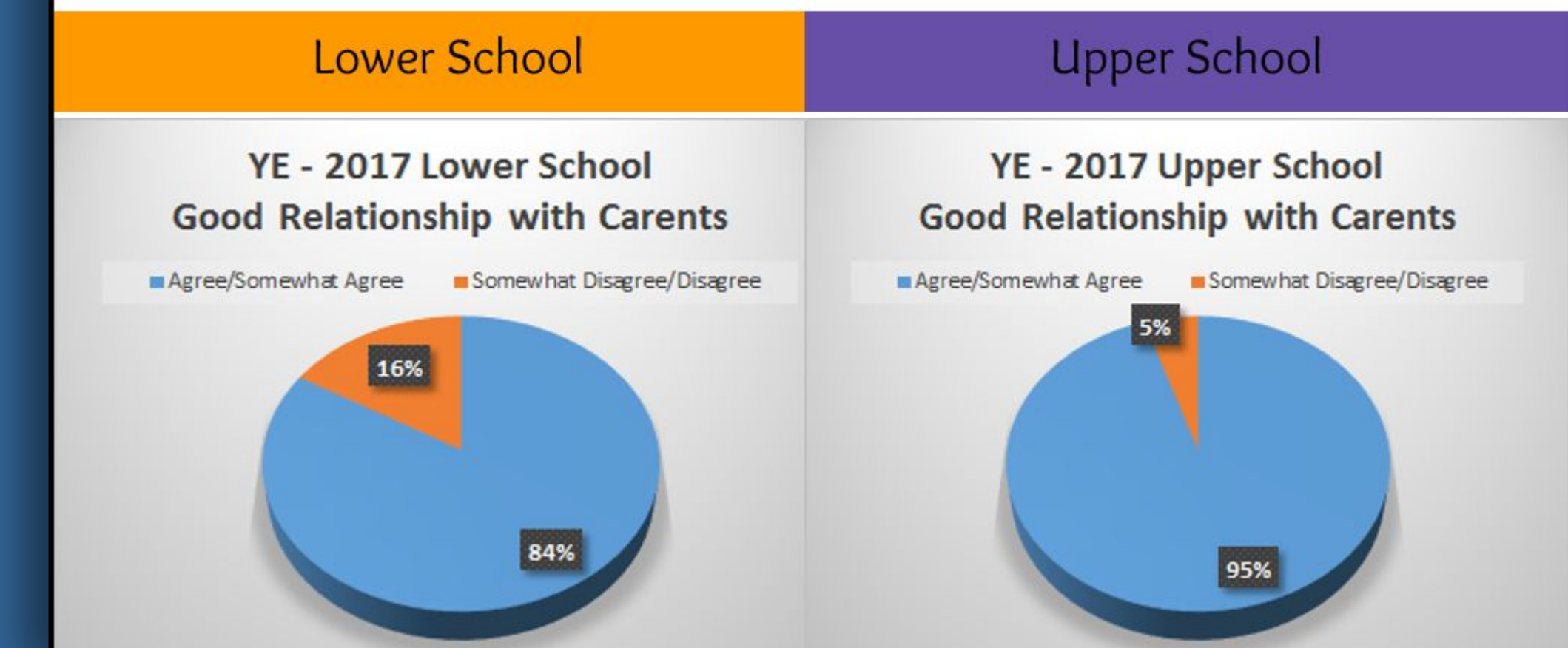
- Confidentiality
- All voices are heard
- Respectful collaboration
- Engagement by all



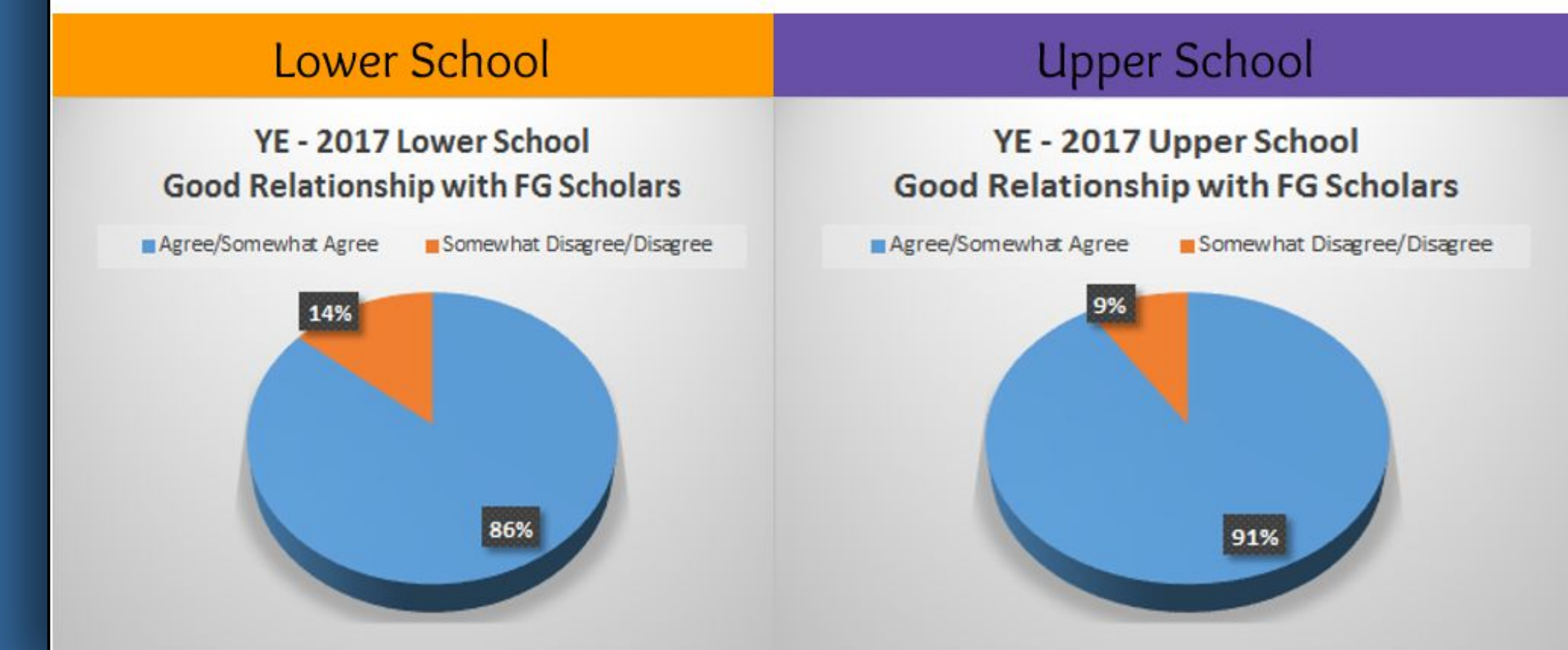
RESULTS



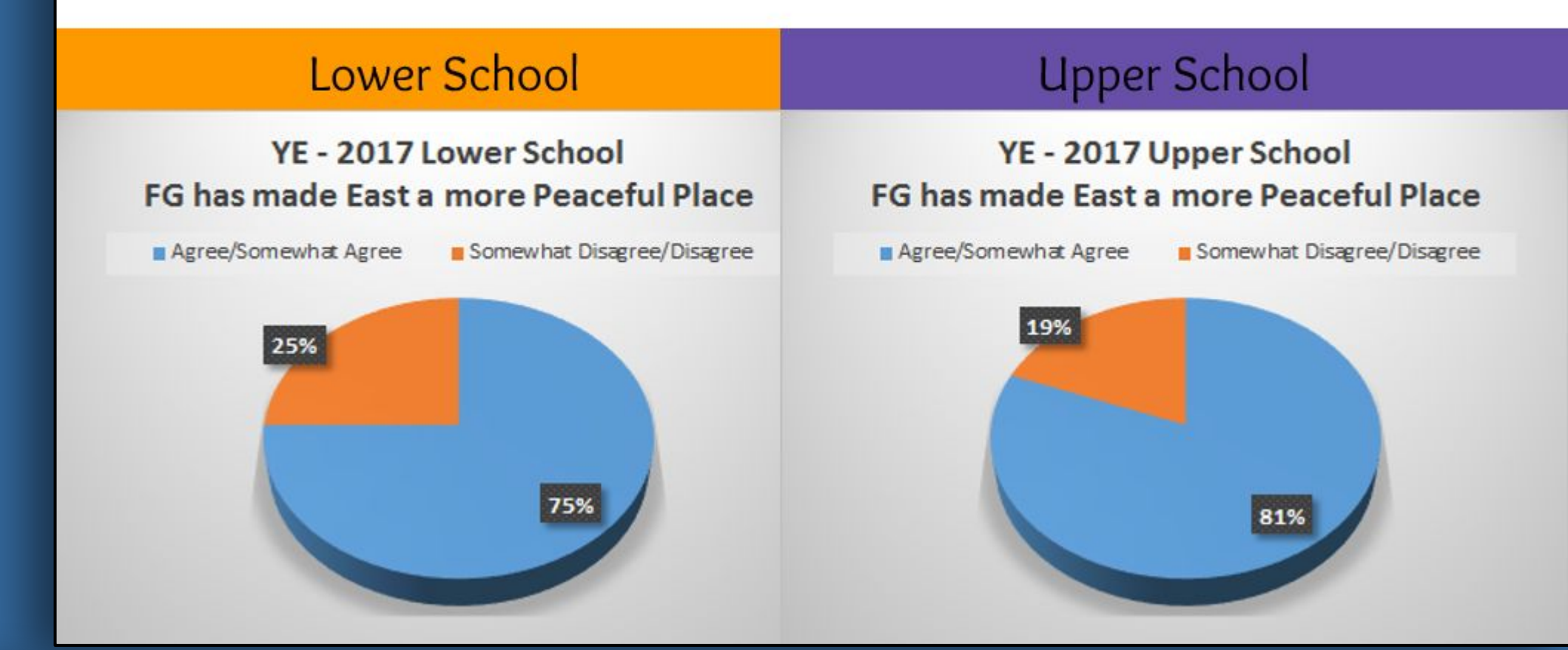
~What We've Noticed ~ Relationships with Adults



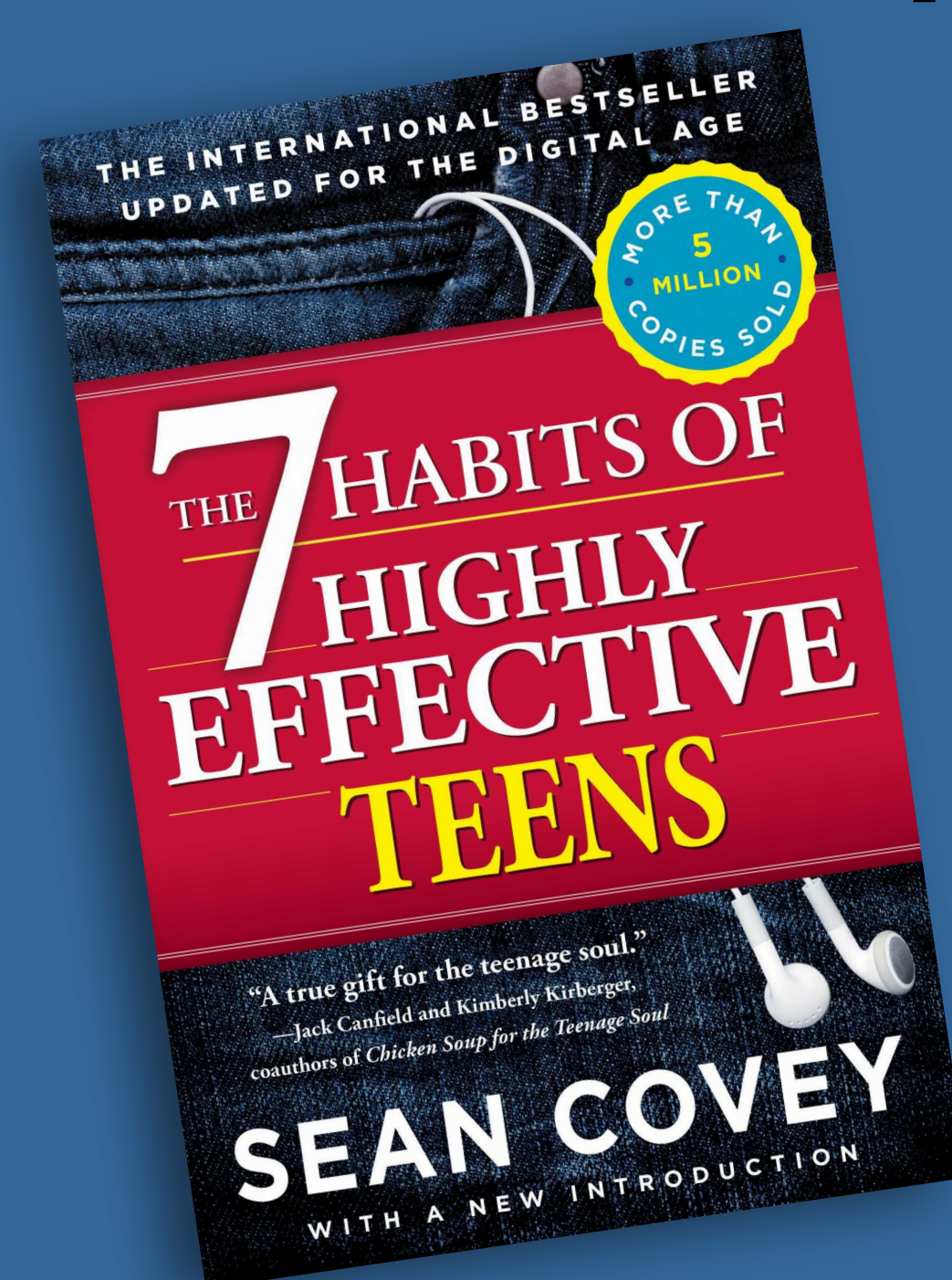
~What We've Noticed ~ Relationships with Peers



~What We've Noticed ~ Restorative Progress



"The Mission/Vision of Family Group is for all to feel a sense of **belonging** through **positive relationships**, to develop **healthy habits**, and to **empower all to have a voice**.



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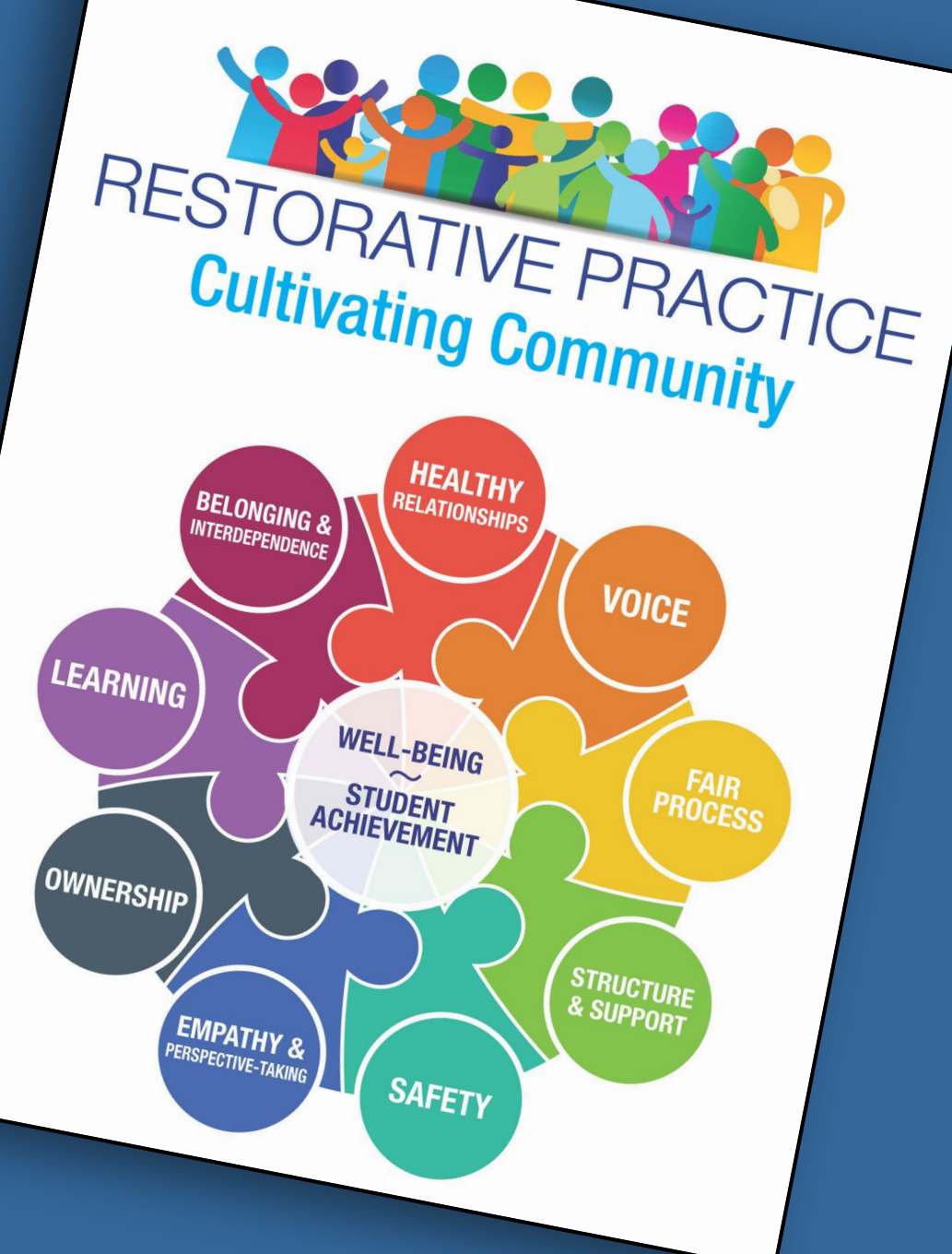
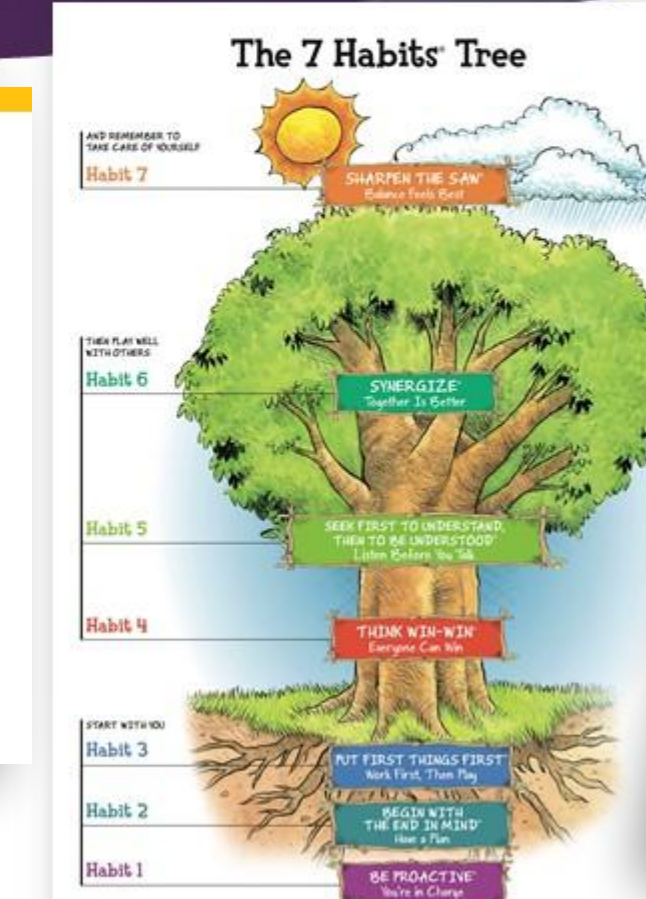
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CONTACTS

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